

Discharge Instructions

Today you received: ADUHELM™ (aducanumab-avwa) _____ mg.

⊗ After your infusion you can resume normal activities.

Some people feel a bit tired and prefer to rest after their infusions, and others feel energized. It is safe to resume normal activities if you feel up to it – just be sure to listen to your body and rest when needed!

⊗ Bruising and slight discomfort at the IV site is common and should go away in a few days.

You may use a cold compress for comfort today if needed. After that, warmth (like a heating pad) can help heal bruising at the site. Be careful not to freeze or burn the skin!

If you notice changes such as **pain, redness, drainage, numbness or tingling** or and other concerning symptoms near your IV site, contact your healthcare provider.

⊗ Tell your healthcare provider or go to the nearest hospital emergency department if you have signs of a serious allergic reaction*, including:

- Swollen face, lips, mouth, or tongue
- Hives (raised, itchy areas of skin)
- Any new or worsening symptoms

⊗ Report any signs of a side effect called “ARIA”.

Aduhelm can cause serious side effects, including amyloid related imaging abnormalities or “ARIA”. ARIA is a common side effect that does not usually cause any symptoms but can be serious. Your healthcare provider will do magnetic resonance imaging (MRI) scans before and during your treatment with Aduhelm to check for ARIA.

Although most people with swelling in areas of the brain do not have symptoms, some people may have symptoms.

If you have any of these symptoms*, call your healthcare provider or go to the nearest hospital emergency department right away:

Nausea	New or worsening confusion
Dizziness	Vision changes
Headache	Inability to wake or stay awake

*This is not a complete list of possible symptoms. Please call your medical provider for any other symptoms that are severe or concerning to you.